

The Blidworth and Rainworth Primary School Partnership



27th March 2026

Dear Parents/Carers,

I am writing this letter to inform you that in Summer Term 1, Year 1 will be looking at the RSHE unit Being Safe. This will include the following objectives that can be found on our RSHE Progressive Overview. The full overview can be found on the school website: Curriculum - Year 1-6 Curriculum - Relationships, Sex and Health Education - RSHE Progressive Overview:

- Use the 'Pants Rule' to state which parts of a body are private.
- Understand private parts should not be touched by others unless for a medical reason or help with keeping clean.
- Understand their body should not be touched by others without permission.
- Understand they cannot touch others without their permission
- List people to go to if worried about something.

You do not need to reply to this letter as all of these objectives are part of the statutory RSHE Curriculum, which is compulsory for all Primary aged children. However, if you have any questions about the details covered in these lessons, then please do not hesitate to get in touch with me.

Yours sincerely,

Miss Gibbs
Class 1 Teacher

