



Welcome to FS1

Year Group	Class Numbers	Teachers
Foundation 0 and 1	F0/F1	Mrs Lambley
Foundation 2	F2	Miss Baker
Year 1	Class 1	Mrs Blach
Year 2	Class 2	Miss Kefallinos
Year 3	Class 3	Mrs Howe
Year 4	Class 4	Miss Gibbs
Year 5	Class 5	Miss Lambert
Year 6	Class 6	Miss Bingley (Mrs Richmond on maternity leave)
Other Teaching Staff:	Mrs Stone – Cover Teacher Mrs Moran – Cover Teaching Assistant Miss Smith – Teaching Assistant Mrs Moore – Teaching Assistant Mrs Machin - Teaching Assistant Miss Gall – Teaching Assistant Mr Lindley – Teaching Assistant and Sports Teacher	

Welcome to FS2 at Heathlands

**A nurturing start to your child's learning
journey.**



Our FS1 Experience

- ❤️ **Nurturing and supportive environment**
- 🌱 **Learning through play and exploration**
- 🤝 **Strong partnerships with families**
- ★ **Values-led culture where every child can succeed**
- 📖 **Strong focus on communication and reading**



A Day in the Life of a Child in FS1

8.45/50am:	Welcome and settle
9.00am:	Communication and Language activity
9.30am:	Active Learning (learning through play) indoors and outdoors
11.00am:	Math
11.30am:	Singing
11.45am:	Lunchtime and outdoor play
12.30pm:	Story
12.45pm:	Active Learning indoors and outdoors
2.30pm:	Snack
2.40pm:	Story
3.00pm:	Singing

Entering and Leaving School

Morning session is 8:50am. to 11:50am.

Drop-off and collection at the F1 door.

Afternoon session is 12:20pm. to 3:20pm.

Drop off at the main office and collection at the F1 door.

Please ensure children have had their lunch *before* being dropped off.

If your child is being collected by someone they are not normally collected by, please let teachers or the office know before the end of the day.

Big Bake



Every Friday we will 'bake' in groups.

Some examples – Fruit cones, apple and sultana muffins, apple and cheese boats.

Very important that we know any dietary requirements.

Learning Through Play

Playing, exploring, **talking**, **creating** & **problem solving**.



Values That Shape Our School

Our school values underpin everything we do.



Courage



Aspiration



Pride



Responsibility



Kindness



Respect

Working Together with Families

We believe children achieve their best when families and school work together.

- Daily contact with Class Teachers
- Home Learning Support
- Phonics Workshops
- TLC Meetings
- Seeing is Believing events
- Tapestry Weekly Roundup



Communication

- **Quick concerns or information** you wish to share – please be aware that this can be a busy time.
- **App message and phone messages**, via the **school office**, can also get passed onto class teachers if needed.
- For a **longer chat**, please contact the school office to make an appointment for us to contact you by telephone.
- **Email:** RLambley@heathlands.notts.sch.uk
- **Tapestry** – online learning journal



Lunchtimes

Lunchtime in FS1

 Paid/ Free school meals



Packed lunches welcome

 Staff support throughout

🌳 Safe and enjoyable playtimes

WEEK 1		Summer Term Menu			
Week commencing: 13/04, 11/05, 15/06, 13/07					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<u>Option 1</u>	<u>Option 1</u>	<u>Option 1</u>	<u>Option 1</u>	<u>Option 1</u>	
Pizza pasta bake (G,M) /Veggie pasta bake (G)	Chicken wrap (G)/ Veggie wrap (G)	Pork sausage (G)/ Veggie sausage (G)	Cheese and tomato parcels (G,M)	Fish fingers (G,F)/ Veggie fingers (G)	
With garlic bread (G), sweetcorn	With twister fries, crunchy veg	With mash, Yorkshire pudding (G,M,E), seasonal veg, gravy	With wedges, spaghetti hoops (G)	With chips, carrots and peas, ketchup	
<u>Option 2</u>	<u>Option 2</u>	<u>Option 2</u>	<u>Option 2</u>	<u>Option 2</u>	
Jacket potatoes with baked beans, cheese (M) or tuna mayo (F,E)	Jacket potatoes with baked beans, cheese (M) or tuna mayo (F,E)	Sandwiches – Choice of cheese (G,M), ham (G) or tuna mayo (F,E,G), served with crisps (G,M) and vegetable sticks	Jacket potatoes with baked beans, cheese (M) or tuna mayo (F,E)	Sandwiches – Choice of cheese (G,M), ham (G) or tuna mayo (F,E,G), served with crisps (G,M) and vegetable sticks	
<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	
Cupcake (G,M,E,S)	Chocolate sponge and custard (G,M,E,S)	Choc chip cookie (G,M,E)	Ice cream (M)	Shortbread (G)	
					
Celery(C) Crustaceans(CR) Eggs(E) Fish(F) Gluten(G) Lupin(L) Milk(M) Nuts(N) Molluscs(MO) Peanuts(P) Sesame(S) Sulphites(SU) Mustard(MU)					
Fresh fruit, yoghurts and water available daily. Menus subject to change. Special diets catered for.					

Children will need:

- Uniform – all items labelled
- Reusable water bottle - labelled
- Book bag – reading diary

Uniform

- Royal blue jumper, cardigan or fleece (with or without school logo)
- White or pale blue polo shirt or school shirt
- Grey, black or navy trousers, shorts, skirt or pinafore dress
- Fully black shoes
- Blue and white check dress as an option for summer weather



Attendance Matters

Every day counts!

96%+ attendance target

Why Attendance Matters:



Learning builds day by day



Children develop friendships and routines



Confidence grows through consistency



Every day brings new experiences and opportunities

Foundation Sessions

Early Years Universal Entitlement

15 free hours each week

30 free hours each week

Register and apply direction through the
HMRC website: <https://www.gov.uk/>

You will receive an 'eligibility code' if you
are entitled.

Extended Entitlement

How does it work?

Every school or setting is different.

We offer the Extended Entitlement (30 hours) as 4 extra sessions, including lunch time supervision.

For example, a child who has 5 morning sessions would be entitled to an extra 4 afternoon sessions.

	Mon	Tues	Weds	Thurs	Fri
AM					
PM					

Paid Extra Sessions

Sessions are subject to availability – advance booking necessary.

Bookings can be made through the office.

All payments are made using our School Gateway app.

An extra session is charged at £10-£15*.

For September ...

In order to support your child with their topic work
please can you provide...

A family photo
(this can be emailed to staff or put on Tapestry)

Don't worry – we will remind you about this again in
September!

Useful Contacts

Please don't hesitate to contact us if you would like to discuss anything to do with your child's start in F1. You can do this by contacting our school office or emailing us directly.

**School office: [01623 401402](tel:01623401402)
office@heathlands.notts.sch.uk**

**Mrs Lambley
RLambley@heathlands.notts.sch.uk**



**See you on Thursday 3rd September
2026!**

Attendance Further Information

- If your child misses the morning session, bring them to school for the afternoon session, even half days count.
- Use the Gateway APP to keep track of your child's attendance.
- Speak to us if you are having any particular issues with your child's health or getting them to school, we may be able to help.
- Try to make any necessary medical appointments during term time for after school, or at the earliest after 1.30pm so your child still gets their mark.
- Speak to a member of staff if you are unsure about how soon a child can return to school after an illness. You know your child, if you feel they are well enough to come then send them in!

Attendance Further Information

- There are 365 days in a year. We only spend 190 days at school, leaving **175 days** for families to: go on holiday, have days out, go shopping or attend non-urgent medical appointments.
- It only takes **8 days** absence over a school year to put your child's attendance below 96%.
- It only takes **19 days** absence over a school year for your child to be classed by the Government as Persistently Absent at below 90%.
- Some absences are unavoidable. We understand that children will get sick and need to stay home occasionally. The important thing is to get your child to school as often as possible.

Lateness Further Information

- Being just 5 minutes late a day loses the equivalent of 3 days of learning a year.
- Being 15 minutes late each day is the same as missing two weeks of school.
- Children arriving after 9.00am will need to enter through the school office and will be registered as late.
- Children arriving after 9.20am are considered significantly late, and will be registered as an unauthorised absence.